



Allergy & Immunology Associates of Ann Arbor



Medications to Discontinue before Skin Testing

These are the most common medications that may interfere with skin testing

Antihistamines:

Discontinue for 1 week

Alavert	1 week
Allegra (Fexofenadine)	1 week
Atarax (Hydroxyzine)	1 week
Clarinet (Desloratadine)	1 week
Periactin (Cyproheptadine)	1 week
Sinequan (Doxepin)	1 week
Tavist (Clemastine)	1 week
Xyzal (Levocetirizine)	1 week
Zyrtec (Cetirizine)	1 week

Antacids:

Discontinue for 72 hours

Dexilant	72 hours
Nexium	72 hours
Pepcid	72 hours
Prevacid	72 hours
Prilosec	72 week
Protonix	72 hours
Tagamet	72 hours
Zantac	72 hours

Discontinue 72 Hours:

Benadryl	72 hours
Chlorpheniramine Maleate	72 hours
Phenergan (Promethazine)	72 hours
Sleep Aids (Diphenhydramine)	72 hours

***Check any cold medications to make sure NO Diphenhydramine.**

Nasal Spray:

Astelin (Azelastine)	72 hours
Astepro	72 hours
Dymista	72 hours
Patanase (Olopatadine)	72 hours

Eye Drops:

Bepreve	72 hours
Optivar	72 hours
Pataday	72 hours
Patanol	72 hours
Zaditor	72 hour

Medication that can be continued:

All asthma Inhalers
Flonase, Nasacort, Qnasl, Veramyst, and Zetona
Prednisone
Singulair
Theophylline
Vicks Formula 44